

# INTERVARSITY

---

## Two Hour Workshop for Spiritual Formation and Mission

### Need 10 Minutes

Invite the Lord's presence

*Formation* -- how the life and character of Christ is formed in us through spiritual practices

*Mission* -- how we *go* and *make disciples* of all nations as sent ones from Christ

Think back on your last season of ministry and ask:

- Where did you feel out of balance?
- Where did it seem your life with God and life in ministry did not align?
- Why is it difficult to find the balance of formation and mission?

### Scripture 40 Minutes

- Luke/Mary passage
- Use the passage and some of the key points in a more focused study.

### Break 10 Minutes

### Practical Implementation 45 Minutes

#### Group Discussion (10 min)

- What practices could an individual or a team implement to capture the integration of spiritual formation and mission?
- Handout the "Essential Disciplines of Staff" paper.

#### Making a Plan (35 min)

- Do this individually or in a team/group.
- What are 1-2 practices from the ideas we've discussed (or new ideas) your team/you can implement that would foster depth and help you avoid pitfalls?
  - come up with your first ideas
  - then evaluate them as a team:
    - What will these accomplish?
    - How will they help you stay rooted in Jesus in doing the mission?
  - choose a final practice, then work on a specific plan for doing them.

### Debrief 15 minutes

- Have groups share what they decided
- Reflect on the day: what are we learning, what questions do we still have about integrating formation and mission?