

Staff Care Questionnaire

25 Questions

Spiritual Development

What do you think are the key components involved in a person's spiritual development?

What have you been learning about God over the past 6 months?

What practices help you grow in relationship with God?

Put a mark on the continuum that best describes your current level of intimacy with God.

Distant _____ Close

Briefly describe why you placed a mark where you did.

What effect has your role on staff with InterVarsity had on you:

- Spiritual Development
- Intimacy with God
- Practice of Spiritual Disciplines

Where is the place of most needed growth in your life with God?

What have you tried?

Personal Relationships

What would you say are some of the primary qualities of healthy personal relationships?

List the categories of personal relationship in your life, e.g., family, students, opposite sex, etc.

Put a number (1-10 scale, 1=unhealthy; 10=healthy) next to each category you listed above indicating the degree of health you think exists in each area of relationship.

Where is the place of most needed growth in your personal relationships?

What have you tried?

Life Stages

How would you describe your current stage of life?

What are your longings?

Where are you content?

Which areas need attention in order for your life to work better? (e.g. physical, financial, emotional, etc.)

Who are your current mentors and how do they influence you?

Vocational Call

Describe the current state of your call:

- To students
- To full-time ministry
- To InterVarsity

What are some of the key markers/turning points on your “call journey”?

Read the following list and circle areas where you would like greater pastoral input.

- | | |
|---|---|
| Places of personal and relational conflict | Being more thankful |
| Single status or Marriage relationship | Depression |
| Relationship with children | Stress |
| Fund development | Death of friends and loved ones |
| Personal Finances | Loneliness |
| Conflicts with your job description and gifts | Gender issues |
| Fatigue | Ethnicity issues |
| Pain and Suffering | Vocational questions |
| Hearing and responding to God | Doubting your faith |
| Praying | Areas of repeated temptation/sin |
| Making sense of your spiritual life and journey | Anger issues |
| Personal boundaries | Time management |
| IV boundaries | Relationship with supervisor |
| Servanthood | Relationship with other staff or staff team |
| Continuing education | Finding mentors |
| Struggles with authority | Class and status issues |

What context and setting would best suit you to address the areas you have chosen?

...e.g. conference, 1-1, local staff team, retreat, etc.